

20 September 2023

The Future We Choose

Deep Dive Session:

Inner Development Goals - transformative skills for sustainable development - a framework and tool to enable change

As a business leader, student and/or professional, work can sometimes be extremely demanding, especially with changing conditions, tasks and roles, new requirements, and personal goals on top.

How can we move beyond the whirlpool of noise and distractions and tap into inner flow, live with the chaos, and reduce stress to spark action?

What is inner sustainability and why is it crucial for future growth?

In this workshop Camilla Elise Berg, CEO in Awake AS, will guide you through the 5 dimensions of the Inner Development Goals in a fun and interactive way, leaving you with transformative tools to